



3M 7500 Series

Reusable Respirator



This is your 3M 7500 series respirator for your protection against airborne infectious diseases.

Guidelines:

- You should be fit-tested **annually** before use.
- Do NOT modify/alter/decorate or otherwise change your mask.
- The respirator is for protection against airborne infectious diseases (and flu per CDC).
- For the mask to be effective, it must be **accessible and worn**. Do NOT take your mask home or leave it on your unit after your shift. Put it on before you enter the patient room; take it off after you leave the room.
- Other than adjusting straps for comfort, do not attempt any other disassembly, repair, or adjustment to the mask.
- Before and after each patient encounter, wipe the exterior of your mask with an alcohol wipe or any other hospital-approved wipe. At the end of your shift, please return the respirator to the nearest Cribmaster machine, preferably the one used initially to retrieve that item.

Cribmaster Locations:

- Gudelsky Floor 1 (next to the cafeteria)
- Weinberg Ground Floor near the Peds ED.
- Gudelsky South Floor 6
- North 10 (elevator lobby)



Inspections:

- Before each use, you should inspect your respirator by:
 - Ensuring straps are in place, have good elasticity, and are not twisted.
 - Plastic and silicone pieces are intact, free of cracks/tears, or other defects.
 - Inhalation and exhalation valves are present and functional.
 - Both cartridges are present, intact, and free of damage.
- To ensure your safety and that we are compliant with regulatory inspections, your manager or Safety may request to inspect your respirator periodically.

Donning:

- Disinfect the mask before each use.
- Place the mask over your mouth and nose.
- Pull the head harness over the crown of your head. Hook the bottom straps behind your neck. Adjust the straps only if necessary.
- You will need to perform **TWO** seal checks before you enter a patient's room
 1. For a positive pressure seal check: place your hand or fingers over the exhalation opening at the bottom of your mask and blow out. The mask should balloon slightly from your face.
 2. For a negative pressure seal check: gently squeeze the inside of your cartridges and inhale. The mask should suction to your face.
- If you did not pass either of the seal checks, readjust your mask and try both again.
- Do **NOT** proceed into a patient's room without passing both seal checks.

Doffing:

- Remove the mask **after** removing all other isolation gear. (gown, gloves, eye protection)
- **Wash your hands before and after removing your mask**
- Disconnect the lower straps and move the head harness off your head. Ensure that your mask does not touch your face or clothing.
- Disinfect the mask after each use. After each shift, please return the respirator to your nearest Cribmaster location.



You are to be fit tested ANNUALLY to ensure compliance!

Any questions or concerns, please visit the **Fit Testing Center** located at N1E20
[Safety & Environmental Health](#) on the intranet
or
SafetyUMMC@umm.edu via email