

Disposable 1860 N95

FITTING INSTRUCTIONS (Donning)



1. Cup the respirator in your hand, with the nosepiece at your fingertips, allowing the headbands to hang.
2. Position the respirator under your chin with the nosepiece up. Pull the top strap over your head resting it high at the top back of your head. Pull the bottom strap over your head and position it around the neck below the ears.
3. Place your fingertips from both bands at the top of the metal nosepiece. Using two hands **MOLD** the nose area to the shape of your nose by pushing inward while moving your fingertips down both sides of the nosepiece.
4. Perform a seal check before wearing your respirator **EACH AND EVERY TIME**. Place both hands completely over the respirator, being careful not to disturb the position, and exhale. If air leaks around your nose or the edges, you may need to mold the nosepiece better or adjust the straps back along the sides of your head. Perform fit check again after an adjustment is made. If you **cannot** achieve a proper fit, **do not enter** any room or area requiring respirator use.

NOTE:

An annual fit-test is REQUIRED to remain compliant!

REMOVAL INSTRUCTIONS (Doffing)



1. Without touching the respirator, slowly lift the bottom strap from around your neck up and over your head.
2. Lift off the strap on top of your head without touching the respirator
3. Discard Respirator

N95'S Limitations:

- N95's do NOT provide oxygen. Do NOT use in an oxygen-deficient atmosphere.
- N95's do NOT protect against chemical challenges (cleaning solvents)
- N95'S ARE INTENDED TO BE DISPOSED OF AFTER EACH USE.
- N95's are single-user item - **DO NOT SHARE!**

Any questions or concerns, please visit the **Fit Testing Center** located at **N1E20**
[Safety & Environmental Health](#) on the intranet
or
SafetyUMMC@umm.edu via email