



## 3M Elastomeric Respirator

This is your 3M 7500 series respirator for your protection against airborne infectious diseases.



**You need to be fit tested ANNUALLY to ensure compliance!**

### Guidelines for use:

- It is not to be shared or loaned to anyone while in your possession. You are responsible for replacement costs if lost or stolen.
- The mask is for protection against airborne infectious diseases.
- Return respirator to the Cribmaster location where it was retrieved after every shift.
- Cribmaster will only give you access to one mask per shift – if not returned, you'll not have access to another one until the old one is returned.

### Inspections:

- Before each use, inspect your respirator by:
  - Ensuring straps are in place, have good elasticity, and are not twisted
  - Plastic and silicone pieces are intact, free of cracks/tears, or other defects
  - Inhalation and exhalation valves are present and functional
  - Both cartridges are present, intact, and free of damage.

### Donning:

- Disinfect the mask before each use
- Place the mask over your mouth and nose.
- Pull the head harness over the crown of your head. Hook the bottom straps behind your neck. Adjust the straps.
- You will need to perform TWO seal checks before you enter a patient's room
  - For a positive pressure seal check: place your hand or fingers over the exhalation opening at the bottom of your mask and blow out. The mask should bulge slightly from your face.
  - For a negative pressure seal check: squeeze the inside of your cartridges and inhale. The mask should suction to your face.
  - If you did not pass any of the seal checks, readjust your mask and try again.
  - Do **NOT** proceed into a patient's room without passing both seal checks.

### Doffing:

- Remove the mask **after** removing all other isolation gear (gown, gloves, eye protection)
- Wash your hands before and after removing your mask

- Disconnect the lower straps and move the head harness off of your head. Ensure that your mask does not touch your face or clothing.
- Disinfect the mask after each use.

NOTE: Your cartridges are good for a lifetime as long as they do not get wet or damaged. If the respirator becomes hard to breathe through, please exchange the cartridges.

Contact Safety if you have any questions:

Fit Testing Center 410-328-5000

**1Call 410-328-5174** (*Ask for Safety*)

**SafetyUMMC@umm.edu**